

Local Bus information

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Public Transportation can be enjoyed pretty easily on a budget in Boquete, Panama. If you are unsure of the neighborhoods in Boquete, stop by one of the Casa Solutions Real Estate offices (there are quite a few in town) and pick up a town map. Here is a digital version [Boquete Neighborhoods](#) that shows the different area names.

The buses are located downtown, 1 block north of Central Park on Central Avenue next to Supermercado Bruna. Look on the windshield of the buses as they will say which neighborhoods they service there. Get on. Fares are mainly below \$1.00 to \$3.00 depending on your destination. They leave when they get filled up, for the most part. You do not pay until you get off.

When asked, this is what they tell me their schedules are. Take this schedule with a grain of salt, but it will give you an idea. The buses run 7 days a week, but I've noticed they are few and far between on the weekends, so keep that in mind.

Tip: Most buses run on a loop. If you've been waiting a long time and see a bus going in the opposite direction, go ahead and get on as they will loop back into town anyway.

Volcancito/El Bajo - runs the loop from town every 30 to 40 minutes until 5pm.

Volcancito/El Salto/El Bajo - runs opposite direction as the "Volcancito/El Bajo" - every 30 to 40 minutes.

Palmira/El Bajo - runs every 30 to 40 minutes until 6pm.

Alto Jaramillo/El Bajo - runs every 30 to 40 minutes.

La Estrella/Boquete - La Estrella is a small town near Caldera and goes several times a day. \$1.75 each way

Caldera/Boquete - Services the main road in Alto Boquete (which is south of town) on the way to Caldera several times each day, less on weekends. \$1.50 each way.

Horqueta/El Bajo - Horqueta is north of town. Runs every 45 minutes or so until 6pm

Bajo Mono/El Bajo - Bajo Mono is north of town - Runs every 45 minutes or so until 6pm. This is the bus you want to be on to go to the Pipeline Trail, El Tatoca, Lost Waterfalls, rock climbing.

Alto Quiel/El Bajo - Alto Quiel is north of town - Runs every 45 minutes or so until 6pm. (Finca Lerida is on this route)

Arco Iris/El Bajo - This services the El Pianista Trail. Runs every 30 minutes or so.

If you want to go to David, the bus leaves at the side road next to Baru Restaurant at Central Park every 30 minutes. The buses look like the old US school buses. I believe the rate is \$1.85 each way. Get on the bus and when you get close to David, someone will come around and collect the fare. Same on the return. Efficient and easy.